



Casemate

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March 19, 2004

DoD team to assess post security

BY PATRICK BUFFETT
CASEMATE STAFF WRITER

Employees and residents should feel safe within Fort Monroe's boundaries.

They have every right to expect effective force protection measures designed to shield the installation from potential terrorists or other wrongdoers.

It's that belief that has the installation command and staff looking forward to an upcoming visit by a team of DoD anti-terrorism experts who will assess Monroe's security posture and offer feedback that will ultimately leave the fort in even better shape security-wise.

"Simply put, these guys put on their terrorist thinking caps and look for areas in which an installation is vulnerable to any sort of harmful act," said Bill Moisant, installation anti-terrorism officer. "It's not an inspection, and we're not being graded ... it's just an honest look at our plans, procedures and security measures, with the outcome being constructive recommendations from outside experts who have spent a great deal of time studying the habits of terrorists."

The "Joint Staff Integrated Vulnerability Assessment" – JSIVA for short – will be conducted in mid-April, Moisant said. The team will eyeball everything from installation access control procedures as they

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'Sandwich Ladies'



Photo by Patricia Radcliffe

From left, Mary McFerren, Betty Wood, Kay Goers and Judy Williams relive old memories as they glance through a scrapbook depicting Red Cross history at Fort Monroe.

Post workers weave 'golden thread' of Red Cross history

BY HEATHER MCCANN
SPECIAL TO CASEMATE

Red Cross Blood Services volunteers are a lot like the lifeblood that connects each of us: ever constant and critical to our survival. Many parts make up the whole; blood drive coordinators, reservations specialists, records keepers, and canteen workers.

Known affectionately to regular blood donors as "The Sandwich Ladies," three of Fort Monroe's long-time canteen workers are a golden thread of continuity connecting past and present. Among them, Kay Goers, Mary McFerren and Betty Wood lay claim to a remarkable 150 plus years of Red Cross service.

As Chairman of Volunteers in 1969, Kay Goers managed a more formal and highly structured group than is typical today, with nearly 50 volunteers on hand. She received her Red Cross training in Tokyo during an overseas tour with her husband, Brig. Gen. (Ret.) Melvin Goers.

"You know, it took about two weeks of almost daily classes back then," recalls Goers, now 82. "You had to learn first aid training, recordkeeping, that sort of thing.

"But I'll tell you, when you grad-

uated, it was a big deal. You really knew you had accomplished something when you were 'capped.'"

"Capping" – literally, donning the infamous nurses-style cap – was a rite of passage common to all Red Cross volunteers of the era. Goers and fellow "Sandwich Ladies" McFerren and Wood remember not only the caps, but the whole uniform; a crisp, white button-down dress, pristine white gloves, "sensible" white shoes. And, as with today's service member, there were strict uniform protocol guidelines.

"Never, ever were we to wear our caps or gloves outside of formal duty times," says Goers. "Even if we just had to pop into the commissary, the hats and gloves came off. And, we always bought our own uniforms. These days, you just walk into the blood drive and say, 'where's an apron?'"

Mary McFerren was "capped" following her training in West Germany, where she lived with her husband, Col. (Ret.) Carl McFerren. She's been in the Fort Monroe community and active with the Red Cross since about 1966.

Now in her mid-eighties, McFerren remembers "a little bit of nursing, a little bit of social work, some

(See RED CROSS, Page 10)



**March is American
Red Cross Month**

Commentary

Chaplain's corner

Your attitude, words just could influence someone's life

Last weekend I had the wonderful opportunity to take my teenage daughter out to breakfast at a local restaurant. These are times when we get together and solve all the world's problems.

The food was great; the conversation was just as good. Yet, there was one problem. Our waitress had a personality that was severely lacking. Now, her service was prompt and professional. She returned and refilled water glasses, and when our meal was done she asked if we needed any further assistance. But there was never a smile or any sign of pleasantness about her. Her service, though efficient seemed almost robotic.

"What's up with her?" my daughter asked. "Why, what do you see?" I responded, testing her youth. "Well, its like she doesn't even want to be here."

"Maybe she doesn't," I said.

"Yeah, but even if she is in a bad mood, she does not have to let it show."

"Well, I need to leave a tip. What should it be?"

I give a good gratuity automatically, but in my mind servers can do a lot to subtract from the amount. This lady had served professionally, but her manner had my mental calculator going.

Just as I was subtracting, my daughter answered. "Give her a good tip and thank her. Maybe then she'll have a better day."

Two things ... First, we can do all the good as professionally as we

know how, but if our attitudes stink our good is diminished. When you serve others, try your best to muster a positive countenance. It will go a long way and others will gravitate to you.

Second, when you see people who have poor attitudes, please know that their lives may be filled with hurts and disappointments. Show some grace and do your best to encourage them. Perhaps, this is what Paul meant when he admonished the Romans, "We who are strong must bear with the failings of the weak and not to please ourselves. Each of us should please his neighbor for his good, to build him up." (Romans 15:1-2)

Your words or your smile may improve their day and maybe their lives.



Chaplain (Lt. Col.) Keith Ivan Jones
TRADOC Chaplain's Office

I followed my daughter's counsel ... left a good tip and, as we left the restaurant, I said to the waitress, "Have a nice day!" She smiled.

View from the Moat

What would you suggest for Fort Monroe's Project Pride campaign?



Candace Simon
Visitor

"I've walked all the way around through the waterfront and all, and I think it's pretty nice right now. I think they need to fill in some of the areas that have been washed away. It looks like a lot of low land in this area — maybe filling in some of the low spots and trying to keep them free from the water."



Dennis Mack
SATFA

"I think the post is in the stages of doing it now with getting the buildings refurbished, tearing down some of those big white elephants, refurbishing the barracks, more grassy areas. I think they're doing a pretty good job of it right now."



Sgt. James Nelson
PAC

"I already planted the flower seeds. My house just happens to be the cornerstone of formations. So, I have to get my area squared. We've tried to get seeds out there, but because of the weather, the grass isn't coming in. I guess, grass is what I would like to see."



Arba Williamson
NERO Office, IMA

"I think they ought to take the areas where they tore down the buildings and turn those into green space. I think they could also do some work on the walls of the fort, maybe some wild flowers and things like that."



Lt. Stephen Trotter
ROTC Command

"It would be nice to see that dock back where it was, the Engineer's Pier. And more playground equipment."



Donna Prewitt
IAPD

"Maybe restore flower beds, and get some work done on the seawall. I know a lot of that is because of the storm, but I think that might be good."

Readers' views sought

Suggestions, opinions and views from readers are important to us. To send a question for View from the Moat or another type of submission, please e-mail: casemate@monroe.army.mil; or call 788-3520.

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Casemate

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‘I loved every aspect about being a soldier’

Browning to retire after 29-year military career

BY PATRICK BUFFETT
CASEMATE STAFF WRITER

A handshake has nothing over a “high five,” according to the Fort Monroe senior NCO who made the palm-slapping exchange his signature greeting.

“High fives are a celebration,” he said. “They say, ‘we’re a team, and we’re accomplishing great things together.’”

Many Fort Monroe soldiers, civilians and senior leaders surely remember their “high-fiving” encounters with Command Sgt. Maj. Anthony Browning during his past three years as the installation’s lead NCO.

Just a year shy of three decades in the service, Browning is about to pack away his BDU’s and begin his next career adventure – life as an Army retiree. A going-away celebration for Browning is planned for this afternoon, March 19, at the Bay Breeze Community Center.

“It’s been a wonderful ride,” said the 46-year-old native of Atlanta. “Looking back on it today, I can honestly say the Army is where I belonged. It’s what I was meant to do.”

Browning grew up in a run-down, blue-collar suburb of Atlanta known as Buttermilk Bottom – “an area so small it doesn’t even exist anymore,” he said. Parking for the Georgia Dome pretty much ate up the community.



Photo by Patrick Buffett

Command Sgt. Maj. Anthony Browning jokes with the Casemate staff after an interview in the newspaper office March 15.

“There were six of us, and we had a very religious upbringing,” Browning said, his slightly gravelly voice waning to nearly a whisper – quite uncharacteristic for the usually boisterous top NCO. “We weren’t the sort of kids who got in trouble. When the streetlights came on, we were already inside.”

The appearance of one of his more stereotypical beaming smiles warned of an oncoming, “but there was this one time ...”

“You know how in the city the streetlights come on in sequence? Well, I remember this one time I tried to outrun those lights and save my skin.” His feet pumped furiously in front of his chair as he demonstrated the moment. Whether he made it home in time or not was lost in a bout of laughter.

But it was that demonstration of discipline – of respect for his mother who was raising them on her own – that made it clear why

Browning chose a military career over others. “Everybody was contributing to take a load off her,” he said. “I knew she was going to try to put me through college – education was so very important to her. But I said no, it ain’t happening because it wasn’t feasible. The funds did not exist.”

Browning had also spent the better part of his high school years participating in Army JROTC, and he had already discovered his knack for drill and ceremony, marksmanship and following orders.

“There was no question from day one that I was going to make the Army my career,” the sergeant major said. Even his choice of military intelligence as an occupational specialty was based primarily on future opportunity in the ranks and beyond.

“I was a squad leader in basic and AIT (advanced individual training), and I was number two in my class at MI school,” Browning said. He also participated in the various Soldier boards, and others would pay him to stand their guard mount – failure of which would result in an Article 15 at the time.

“I loved every aspect of being a Soldier,” he said with a jab of an index finger in mid-air to add emphasis. “My long-term goal in 1976 was to be a regimental level command sergeant major. At the

(See BROWNING, Page 5)

MP Roll Call

Supervision of children

All children under 10 years old must be supervised at all times by a responsible individual at least 12 years old.

According to AR 608-18 and post policy “A finding of neglect is usually appropriate in any situation where a child, under the age of 9, is left unattended (or left attended by a child under the age of 12) for an inappropriate period of time. A finding of neglect is also appropriate when a child, regardless of age, is left unattended under circumstances involving potential or risk to the child’s health or safety.”

Motorcycle safety course

With spring just around the corner, motorcycle hobbyist and riders have begun to gear up. To register a privately or government-owned motorcycle or moped on post, all owners must have satisfactorily completed an Army-approved motorcycle safety course. The course will consist of classroom instruction, hands-on training and a written examination. Langley Air Force Base and Thomas Nelson Community College (TNCC) normally conduct these courses during the spring and summer.

When operating a motorcycle or

moped, a helmet (Department of Transportation certified), goggles and/or face shield, brightly colored or reflective upper garment, long sleeve shirt or jacket and trousers, full-fingered gloves designed for use on motorcycles, and sturdy footwear are required equipment.

An example of the proper safety gear is shown on the command channel.

DoD, 6055.5, DoD Traffic Safety Program contains information concerning motorcycle safety.

Contact Langley at 764-5058 or

The MP Roll Call is designed to provide a link between the Provost Marshal’s office and the Fort Monroe community regarding law enforcement operations, services and crime statistics, and how operations and services combine with other Fort Monroe initiatives to keep the community safe daily. Call 788-2220 with any comments or concerns that need to be addressed. Detailed information concerning the fort’s security posture will not be published.

TNCC at 825-2758 for course information.

Stats for February

Drunk and Disorderly - 1

Assault - 1
Burglar Alarms - 2
Illegal immigrants - 2
Unsecured buildings - 3
Medical emergency - 1

Former Fort Monroe MPs have health crisis

BY CAPT. KELLY WEINBERG
PROVOST MARSHAL

I’m providing information about the Schmucker family. Both Linda and Chris were former Fort Monroe MPs and have since departed the Army. Linda (formerly Linda Outland) was our traffic NCOIC and was involved with the planning of all the major events on Fort Monroe during her tenure. Chris was my guidon bearer for a few ceremonies and a patrolman in the 233d. I’d like to ask the post community to include the Schmucker family in their prayers. They have two children, Celeste, who is 3 and Emily who is, or almost, 6 months old.

Just recently, Chris was diagnosed with a tumor

on his brain stem. Right now the doctors are saying it is in a location where they cannot operate. Chris has lost the use of his right hand, has coordination and vision problems and slurred speech. He had an angiogram last week to determine if there were any blood vessels in the tumor. The results showed minor blood vessels mixed in with the tumor.

Linda and Chris will be going to D.C. on March 25 through 27 to see doctors at the National Institutes of Health. Linda mentioned that they wouldn’t mind having visitors there, or possibly dinner with them.

Anyone wanting to contact the Schmuckers can do so by e-mailing me or calling me at 788-2220.

News clips

AAFES new Web site

DALLAS — The Army and Air Force Exchange Service has launched a new Web site to provide deployed troops and family members with information regarding support downrange. The site can be accessed at www.aafes.com/downrange/home.htm. It was developed to provide troops, command and family members with an opportunity to see what kind of PX/BX facilities are available at downrange locations throughout Operations Iraqi and Enduring Freedom. The site includes important information regarding services and benefits

available to deployed service members and their families. (From an AAFES news release)

AER campaign begins in April

Fort Monroe's Annual Army Emergency Relief Fund Campaign will be conducted April 1 through May 15. AER provides emergency financial assistance to active and retired soldiers and their family members. Key people for the campaign will be appointed in each section and will attend an instructional meeting April 1 at 10 a.m. at the Soldier and Family Support Center,

Myth of the month

Myth: "Inhalants are not risky to use."
Fact: Using inhalants even one time can put you at risk of sudden death or suffocation. Prolonged use can lead to nose bleeds or liver, lung or kidney disease. Inhalants can also cause brain damage.
Courtesy ACS Army Substance Abuse Program coordinator.
(Note: See article about inhalants and poisons on page 13.)

151 Bernard Road.
For more information, call Beverly Nicholson at 788-4132.

Town Hall meeting

Col. Perry D. Allmendinger, post commander, will be the host at a community town hall meeting from 11 a.m. to 1 p.m. at the post theater April 29. Representatives from post directorates will participate.

Childcare is available at the Child Development Center (Bldg. 245) for those attending the meeting. There is no cost for care, but parents must make reservations by calling 788-5960 not later than April 26. Parents must provide proof of all required immunizations.

For more information, call Paul Heilman at 788-3737.

Free tax preparation

The Fort Monroe Tax Center offers free tax preparation and e-filing for all active duty members, retirees and family members.

The center is located in Building 77, Post HQs, 3 Ruckman Road, on the 2nd floor. Hours of operation are Monday through Friday, 8:30 a.m. - 4:30 p.m. Tax preparation and e-filing are by appointment only. People need to bring their W-2s, Form 1099s, any other tax documents they may have received, ID card(s), social security card(s), a voided check (if they want direct deposit into their bank), and last

year's tax return (if they have it). For couples filing jointly, both spouses must be present or have a signed Power of Attorney for the absent spouse.

Please contact your Unit Tax Advisor or call the Post Judge Advocate's Office at 788-3616/2158.

Post vet clinic news

The Fort Monroe Veterinary Treatment Facility (VTF) will begin holding vaccination clinics only at its old location, Building T-191, until the new location opens in the fall.

Upcoming clinic days are April 8, 16, 22 and 28. Call Fort Eustis VTF at 878-5824 or Langley Air Force Base VTF at 764-4076 to schedule an appointment for any of these clinic dates. Specifically ask for an appointment at the Fort Monroe clinic.

Walk-ins are welcome (appointments will be seen first) and will curtail at 3 p.m.

Living Last Supper

Come and witness a re-creation of the last supper of Jesus with His disciples, as portrayed in scripture and by Leonardo da Vinci's painting, "The Last Supper."

It will be held at the Chapel of the Centurion, April 8 at 7:30 p.m.

For more information, call 788-2611.

Civilian personnel system major change

BY PATRICIA RADCLIFFE
CASEMATE STAFF WRITER

A major change to the civilian personnel system is coming. Ellen Tunstall, Principal Deputy to the Deputy Under Secretary of Defense, Civilian Personnel Policy, spoke at the Tidewater Human Resources Forum hosted by TRADOC Civilian Personnel Directorate, March 11.

DoD, OPM, NASA and National Oceanic and Atmospheric Administration human resources professionals converged on the Bay Breeze Community Center for an update on the National Security Personnel System (NSPS).

Although the details of the new system are still being ironed out, it will include pay banding, hiring flexibilities, and changes in performance management and labor relations. The NSPS will change the

way civilian personnel are paid by no longer categorizing them by the familiar pay grades (i.e., GS-5 or GS-7) but will rank them using "pay bands." Pay bands were "created to facilitate pay standardization across the services. Pay bands will have different pay levels within an occupational group. This allows managers to adjust pay to attract desirable employees and allow them to move or be promoted without competition," Tunstall said.

DoD employees will begin assimilation into this system as early as October 04. The Navy has volunteered to make the initial switch by moving 300,000 employees into NSPS. Tentatively, the Army will start switching its employees to pay banding within three to six months after the Navy's initial transition.

Post's Spring clean-up will be held April 23 & 24.

3X10 USAA

BROWNING

(Continued from page 3)

time, I was a private, but I had no doubt that was my future.”

A corps of caring NCOs nurtured Browning’s aspirations. Their advice ran the gamut from perfectly spit-shined boots – he lifted a foot to show that even a retiring sergeant major is still quite capable of that feat – to the shortest path to qualify for the next leadership position. Even more important was the first sergeant in his past who decreed that college course attendance was mandatory for every Soldier.

“I’ve used those same methods throughout my career,” he said. “As I moved up to platoon sergeant and first sergeant, I would tell my Soldiers to go and sign up (for college courses) and that I wanted to see that piece of paper.

“It was tough love, and some of them hated me for it,” he added. “But it gave them a jump start, and they wound up appreciating it later in their career.”

It was that level of caring — knowing that an NCO could have an enormous impact on the careers of fellow Soldiers and subordinates — that Browning carried with him on border patrols along Germany’s Fulda Gap during the days of the Cold War, and later on when he took up the duties of drill sergeant at Fort Benning, Ga.’s Infantry

“One of the things you learn over the years is that there is an art to leadership ... an art to influencing people to do their best.”

School.

“One of the things you learn over the years is that there is an art to leadership ... an art to influencing people to do their best,” Browning said. “It really comes to light when you’re a drill sergeant. You become quite aware of the many different backgrounds and the many different attitudes that exist among Soldiers, and that it’s not enough to just bark out orders.

“You have to know how to pump them up, and, if necessary, how to cut them down and pump them back up again to get them where they need to be,” he added. “That’s the measure of a true NCO.”

The father of 6-year-old twins – Mariah and Marchaun – leaned forward in his chair, indicating his deep interest in the topic at hand. NCOs and leadership were his life, and talking about them was as natural as trading high-fives with an MP, admin clerk or any other Soldier on Fort Monroe.

“A lot of things have changed and

a lot of things haven’t,” Browning said.

“The job NCOs do is still as awesome as ever. They’re the hands-on guys ... the ones who mentor and who lead troops in the field or in combat,” he continued.

“But back then it seemed like NCOs never got credit for the things they did. Now, all that has changed. Officers have stepped back and allowed NCOs to do the one thing they’ve always done best, which is training Soldiers. By far, that has been the greatest achievement the Army has made during my time.

“Today, everybody is talking about how professional, how important, the NCO Corps is,” Browning added. “They’re telling our story, and that’s really the way it should be.”

A few more pages could easily be dedicated to telling Browning’s story – his trips through Grafenwoehr, Germany where armored cavalry regiments conduct much of

their annual training, or his time at 1st Armored Division where he helped plan out the initial peace-keeping mission into Bosnia. He finished in the top third of the class at the First Sergeant’s Academy, Battle Command Staff College and the Sergeants Major Academy. He’s participated with Special Forces in the annual “Bataan Memorial Death March” at White Sands Missile Range, N.M.

But there will be plenty of time for swapping such stories, as Browning intends to remain in the Hampton Roads area and part of the Fort Monroe community.

“The one thing I will say about my final tour is that Fort Monroe is unlike any other military community I’ve experienced in the Army,” Browning said. “This was my first really in-depth experience working alongside (DA) civilians, and I have been absolutely blown away by their professionalism and expertise. They are just masters at what they do.

“And I can’t say enough about the Soldiers at Fort Monroe,” the sergeant major concluded. “Their positive morale and the dedication they demonstrate every day while supporting an installation that truly guides the Army’s future is every bit of what I’ve come to know as the best aspects of enlisted Soldiers and NCOs.

3X7 Colonel Church
(Do not move)

3X7 Ft. Monroe C.U.
(Do not move)

Cadet Command welcomes new command sergeant major

BY GEORGE E. WHITLEY
CADET COMMAND PUBLIC AFFAIRS

A driving rainstorm did little to diminish the enthusiasm of the members of the Cadet Command family as they welcomed Command Sgt. Maj. Major Washington during a traditional Change of Responsibility Ceremony conducted at the Post Theater March 10. The event marked his assumption of duties as the command's senior enlisted and honored departing Command Sgt. Maj. James E. Dale.

In remarks at the event, Cadet Command's Commanding General, Maj. Gen. Alan W. Thrasher called Dale "a consummate professional who has proven to be the most effective advocate for the cadets and soldiers of the command in recent memory."

In his departing words, Dale commented on the vital mission Cadet Command of "preparing young men and women to lead America's Soldiers in peace and now in war."

"As I depart, I leave with tremendous confidence in the command's ability to continue to train the Army's lieutenants of the future," he said.

Thrasher praised Washington, the incoming Command Sergeant Major, for his broad background as a trainer. "Without question he is a



Photo by Wes Anderson

(l-r) Lt. Col. William L. Bolden, Jr., HQ Staff at Cadet Command, greets Command Sgt. Maj. Washington after the Change of Responsibility Ceremony.

strong leader and his recent experience as the command sergeant major at the headquarters of our Eastern Region will prove invaluable," he said.

In accepting his new responsibility, Washington thanked Thrasher for his trust and confidence in him and for giving him the opportunity to serve in Cadet Command's highest enlisted position.

Remarking on the importance of being the Cadet Command's Sergeant Major, Washington stated, "There is no place or position with a greater responsibility that I have ever served. My family and I are pleased to be here and are looking forward to being part of this command."

Washington comes to Fort Monroe from the Cadet Command Eastern Region Headquarters at Fort Knox, Ky. where he served as the region's Command Sergeant Major. Dale has been the command's senior enlisted Soldier since May 2003 and will be moving to the U.S. Army Sergeants Major Academy at Fort Bliss, Texas.

Washington has held many other key leadership positions in his career, most notably as a Squad Leader, Section Sergeant, Platoon Sergeant and First Sergeant. He has served within the continental U. S. and overseas in Germany and Korea.

He is married to the former Elaine Elmantra of Marianne, Fla., and they have four children: Darel, Elicious, Latoya, and Maurice.

Fort Monroe credit union planning to reopen on post by end of March

BY PATRICIA RADCLIFFE
CASEMATE STAFF WRITER

The Fort Monroe credit union is tentatively scheduled to reopen inside PX complex on post March 29, according to Michael J. Guida, President/CEO. Because of flooding last September,

it has served post members from its main office on Mercury Boulevard.

"There will be new services and the first FMCU ATM will be operational soon after opening," Guida said.

Also available is a new Web site, [www.fort-](http://www.fort-monroecu.org)

monroecu.org. From this site, members can re-order checks, inquire about mortgage and loan rates, view other services offered, receive their statements via email and review their FMCU Visa account. Also, loan applications will be available online in the near future.

'Be Safe' official safety campaign theme

"Be Safe" will be the Army's official safety campaign theme, as announced by Acting Secretary of the Army Les Brownlee. The campaign will attempt to decrease accidents by 50 percent over the next two years. According to the Army News Service, Brownlee came up with the slogan after hearing the phrase continuously used by Soldiers and their commanders in Iraq when he visited there. "Be Safe" wasn't used flippantly by the Soldiers in the box, Brownlee said. He explained that they were a "band of brothers" with a fundamental concern for one another's safety.

Command information channels

are beginning safety awareness campaigns across the northeast region. The "Be Safe" theme will be emphasized on installations to remind Soldiers and leaders of the importance of safety in all endeavors, locations and environments.

Ultimately, the plan is to provide leaders with the resources to minimize risks, and the training to help Soldiers identify and avoid hazardous behaviors.

Leadership is the key to safety success and together we can eliminate accidents.

(Courtesy Rick A. Fontana, NERO Chief of Staff)

3X7 NEXTEL

3X3 1/2 Maid Brigade

Women’s achievements

(l-r) Maj. Gregory N. Ash Jr. and Jamie Sisler, both of DCSPIL AG, look at displays at the U.S. Army Women’s Museum at Fort Lee on March 11. The tour was set up for the community here in honor of Women’s History Month.



Photo by Sgt. Jorge Gomez

4X10 GEICO

March Employee of Month

Name:

Gary Forbes

Directorate:

DPW

Job/position and duties:

Lead Construction Representative. Oversees general construction inspections, evaluates contractor’s performance and inspects for compliance with safety regulations.

How long at current assignment: 3 years

How long in govt./military service: 31 years

Where do you live: Hampton

Family: wife, Flo; children: Dale, Jeni and Eric; grandchildren: Tyler and Drew

Outside activities: Spending time with grandkids, going golfing and bowling.



Gary Forbes

SECURITY

(Continued from page 1)

come and go, to plans for emergency response in the event of a serious incident.

“Our last assessment was in April 2001, and, clearly, a lot has happened since then,” Moisant said. “I believe we’ve made great strides since the last assessment, but I’m sure we can benefit a great deal from the recommendations provided by the JSIVA team. Whatever we haven’t thought of, I’m confident they will.”

The team will also assess the diligence shown by post employees, who are expected to maintain their knowledge of anti-terrorism guidelines and do their part in keeping the community safe and secure.

“Annual anti-terrorism awareness training is a requirement for all employees,” Moisant said. “And it makes perfect sense ... how can we honestly say our force protection plan is effective if the people it protects are not fully aware of their role in identifying and reporting the full range of potential threats?”

The anti-terrorism brief can be found online at: <http://at-awareness.org>. An anti-terrorism/force protection video will also be added to Fort Monroe’s Command Channel 47 (along with other command information programming) in coming weeks.

“I think the overarching message here is not necessarily the JSIVA itself, but rather the continued commitment to protecting the force,” Moisant said. “World events since 9/11 have shown that we can’t afford to be complacent. We should take advantage of every tool available to us ... our employees and residents would expect nothing less.”

The JSIVA will be followed up this summer by a crisis management exercise titled, “Operation Strong Defense,” which will involve numerous installations throughout the Installation Management Agency’s Northeast Region. The exercise will test emergency response plans established by participating Army installations. Look for a follow-up story about that exercise in a future issue of the Casemate.

Tuition Assistance request forms can be e-mailed

Soldiers who have previously received tuition assistance (TA) at the Fort Monroe Education Center can email their subsequent TA request forms to lewisjl@monroe.army.mil. If a Soldier does not have email or would prefer to fax the

form, the completed form can be faxed to 788-3137. Education center personnel will contact each Soldier when his/her TA is ready for pick-up/signature. This initiative is an effort to enhance Education Center support

to Soldiers. By using the e-mail (or fax) approach, Soldiers will be able to prepare their requests for TA in a matter of minutes, at their own convenience, 24-7, and avoid waiting for service. Use the same e-mail address to request a TA form,

or call 788-2454. Due to the additional processing involved, first-time users of TA at the Fort Monroe Education Center must continue to apply for it in person.

New Web site offers news, links, more ...

The Internet's Military Portal - is now online and ready to help military people find military information on the World Wide Web. The comprehensive site contains links to the best of the military sites on the Net, including links to military news, blogs, shopping and much more - a one stop spot for all things military.

"Finding relevant military information online hasn't always been so easy," notes MilitarySpot.com founder Tom Wakefield. "Military-related online searches often return thousands of links, making it difficult to find the best sites with the best information," Wakefield adds. "At MilitarySpot.com, only the best sites with the best information are listed, and all links are arranged in an easy-to-use format."

Found among the many diverse military links are up-to-the minute military news stories, military photos, blogs from service members stationed in Iraq, tribute sites for U.S. Navy liberty ports, and weapons fact files straight from the military branches.

In addition to the links, the Web site contains a number of other useful features, including a military article search with hundreds of magazine articles, direct links for military items at eBay, and discussion forums.

The site is located at www.militaryspot.com.

5X12 Suncom

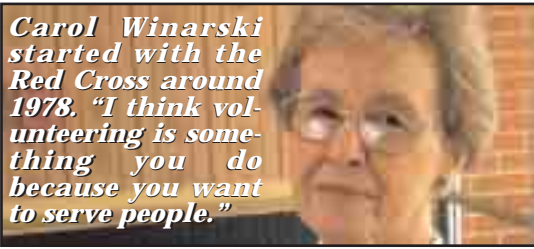


Kimberly Voight is a 16-year volunteer: "I went to an open house to see what was going on and became interested in volunteering. It's a great organization and they need volunteers."



Photos by Patricia Radcliffe

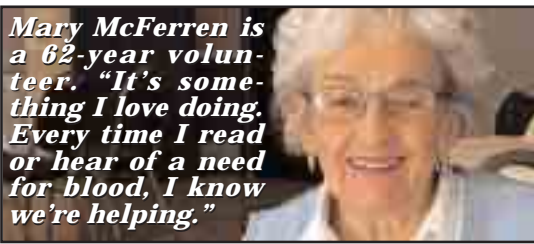
Kay Goers has been with the Fort Monroe Red Cross since 1966. "I began volunteering in Tokyo in 1952 during the Korean War. Because there were so many casualties, they were flown to Tokyo. That was a difficult time, but it was very rewarding because we could help so many soldiers."



Carol Winarski started with the Red Cross around 1978. "I think volunteering is something you do because you want to serve people."



Judy Williams started volunteering 30 years ago in Panama and began on post in the 1960s. "It's uplifting ... it's helping others."



Mary McFerren is a 62-year volunteer. "It's something I love doing. Every time I read or hear of a need for blood, I know we're helping."

Thomas Dehaven and Marie Fago, volunteer coordinator, share a laugh after he received a pin and a "Buddy Blood Drop" toy for reaching the five-gallon mark and driving the farthest to donate. Dehaven lives 90 miles away in Chester, Va. "Everybody is in a struggle to make (blood collection) goals because of the mad cow scare and travel restrictions since 1980," Dehaven said. "It is important to give back to the community wherever you may be," Fago said.



Doris Farrell began volunteering because someone at West Point asked her to help out. "The military academy had 4,000 cadets to pull from. The thing I remember most was when (Soldiers) went to Iraq to fight, Walter Reed took over and all blood went to the Army. We had double the turn out for donations. It was really heartwarming to see the participation."



Red Cross (Continued from Page 1)

home care, and taking care of babies."

"See, there were the 'Grey Ladies' and there were the 'Red Cross workers,'" she said, pointing to photos from an old scrapbook. "The 'Grey Ladies' were the hospital workers, and the 'Red Cross workers' did more of the administrative tasks."

"Back then, we had a lot of registered nurses around. At any given time in the hospital (Craven), everyday, every clinic – even the veterinarian – you'd see 10, maybe 12 of us in the hallways. We had one tiny little room down at the end of the hall in the hospital, called the 'Red Cross Room.' That's where we gathered."

McFerren said she remembers when blood drives were held in the old YMCA building, now Fort Monroe's Fitness Center.

"We were upstairs with no elevator and no air conditioning. Summertime blood drives were hot as blazes! We put mayonnaise on the sandwiches, even in that heat. And, can you imagine, there were ashtrays on every table? It's hard to believe today."

Blood drives were a three-day affair for the volunteer staff. It took a full day to prepare the room, with two days left for the business of drawing blood. Betty Wood recalls averaging 250 pints per drive back then (compared to an average 55 pints today).

Wood, 77, was "capped" here at Fort Monroe in the late '60s. "I've always worked in the records section," she said. "We had a lot more donors then, and it had to be just so. It involved a lot of typing, and had to be very accurate; no mistakes allowed. Now, it's a lot less formal."

Wood and McFerren point to a set of small privacy partitions at the Bay Breeze Community Center, where today, paid Red Cross staff members take medical histories of potential donors. "In the 60s," said McFerren, "three or four of us sat together with donors at a long table, right out there in the open. There was no privacy."

"It's just not the same post as it was back then," Wood said. "Nobody in our age group worked in that time."

"Back then we actually were assigned volunteer spots by the commanding general's wife," said Goers, pointing for emphasis. "It was, 'You'll work in the Thrift Shop; you'll be in the clinic, and so forth.'"

"But, in those days, it was just easier to volunteer. Schools were right here on post, elemen-

tary through 8th grade. Our kids could walk to school and all their activities were right here. It was much simpler."

Drop back another quarter of a century to 1942 and you'll find young Red Cross volunteers gathered in one of the casemates, rolling bandages. The odd juxtaposition of black veils and bobby socks in a Casemate Museum photograph testifies to a generation forced by war to grow up quickly.

According to a Red Cross historical narrative, more than 13.3 million bottles of blood were collected from American donors between 1941 and

back that far," she said. "I've been here 10 years, and I've had little luck."

The Red Cross historical narrative indicates that "blood services" before 1915 were limited to direct transfusions (moving blood or plasma from human donor to human recipient). In 1915, sodium citrate, a crystalline salt used in photography, was found to be an effective anticoagulant. For the first time, blood could be stored for up to a week. This allowed WWI surgeons to begin experimenting with indirect transfusions (moving blood or plasma from donor to storage, then to recipient) to save lives.

Joan Barrett is the Fort Monroe Red Cross senior advisor and has been a volunteer for four years, two here and two at Fort Jackson, S.C. "The base of people who can give blood is becoming so small that people are starting to talk with their cubicle mates and others, encouraging them to give."



Photo by Patricia Radcliffe

1945 (World War II). The Army and Navy surgeons general realized the need for blood plasma and whole blood, and tapped the Red Cross to work in tandem with the National Academy of Sciences' National Research Council to manage the fledgling program. In this five-year period, the Red Cross operated 35 collection centers and 63 bloodmobiles, meeting or exceeding every armed services request for blood products. Two years later, in June, 1947, the Red Cross National Blood Donor Program was born.

Heather Livingston is executive director of the Hampton Roads Chapter of the American Red Cross, into which Fort Monroe and Langley Air Force Base recently were integrated. Livingston says there is evidence the Red Cross has been active on the Peninsula since about 1917, toward the end of the First World War.

"But, aside from a neat little exhibit at the War Museum, it's difficult to find records going

Traveling back another 20 years, we find evidence of Red Cross nurses working at the Fort Monroe Hospital during the Spanish-American War (c.1898).

Mercedes Herrera-Graf, EdD, is a professor of psychology at Governor's State University in Illinois. In 2001, she authored a research paper for the Minerva Center, a non-profit educational foundation dedicated to Women in the Military. Herrera-Graf said at the time, the need for nurses was so great that the surgeon general permitted the Red Cross to send out volunteer nurses to work alongside contract "government" nurses – an early version of the modern Army nurse. The Red Cross nurses, however, appear to have found conditions here lacking.

"When (a government contract) nurse was asked at Fort Monroe whether the Red Cross nurses had signed contracts yet, she replied that 'not one would think of staying,' considering the

low government pay and poor food and lodging," she said.

"Another government nurse was more resigned about the matter, writing that 'While some of the Red Cross nurses did excellent work, it did seem frequently as though vigorous Army discipline would have increased the value of their services.'"

Given the depth of Fort Monroe's history, it is no surprise we can trace a connection to the "Angel of the Battlefield" herself, Clara Barton. Some 30 years before she founded the American National Red Cross, Barton was appointed by Maj. Gen. Benjamin F. Butler as "Lady in Charge" of the hospitals at the front of the Federal Army of the James. Many of the 30,000 soldiers under Butler's command came through, and returned to Fort Monroe. In April, 1864, Lt. Gen. Ulysses S. Grant visited Butler at his home in Quarters One to strategize Butler's contribution to Grant's "Overland Campaign."

As a defacto member of the "Bermuda Hundred" and "Wilderness" Campaigns, Barton was near the front lines in several battles. On occasion, she tended both Union and Confederate soldiers.

In her book, "The Army Medical Department 1818 – 1865," author Mary Gillet writes that "Butler's army moved initially with a bare minimum of medical supplies, ambulances and the like, leaving its sick behind in hospitals in the Hampton-Portsmouth-Fort Monroe area."

Gillet said a steamer served as a storeship and shelter for the wounded, and several smaller vessels took casualties back to Fort Monroe as soon as they could be moved.

"The point I always tried to make," Barton later wrote in her memoirs, "was to succor the wounded until medical aid and supplies could come up – I could run the risk; it made no difference to anyone if I were shot or taken prisoner."

Through the Casemate Museum, we hear the stories of Civil War veterans who "lived to tell the tale." We celebrate the gumption of turn-of-the-century volunteer nurses and admire the resourcefulness of young WWII-era bandage makers. We witness the initiative and dedication of the blood drive and clinic workers of the '60s through today. And, we salute the beloved "Sandwich Ladies," all entwined in the golden thread of service called the Red Cross.



Lois Bluhm began volunteering with the Red Cross in 1956 and came to Fort Monroe in 1968. "I started out thinking I could take one day out of my life to give to people. I feel I've been very fortunate that I could volunteer all these years."



(l-r) Sgt. 1st Class Teruse Roseman, Sgt. Marvin Farmer, Maj. Gloria Dunklin, Pvt. Ryan Cutshaw and Staff Sgt. Aurvara Harper. "Knowing that giving blood saves lives of Soldiers and so many family members are helped ... knowing that one person giving can actually save three lives," said Dunklin is the reason she is so enthusiastic about working with the blood drives.



Betty Wood began volunteering on post in 1967. "It's a worthwhile program. It's a high priority with me because I feel it's a necessary, wonderful program. I've donated eight gallons right here."



Silvia Burk is a three-year volunteer. She said she helps out to "give back some of what's been given to me. One thing great about America is that even strangers help you out. I don't think you see this in other countries."

Sports and health

Season pool passes are now available

Early-bird specials for the outdoor pool season are currently on sale. Passes good from Memorial Day through Labor Day cost \$66 for an individual and \$100 for a family.

For more information, call 788-3301.

Bowling renovations

The Fort Monroe Bowling Center is scheduled to begin a renovation project April 1. The project will include a new HVAC (air conditioning) system; new automatic pinsetters; a \$110,000 lighting system for cosmic bowling, birthday parties and other functions; and a new-look modern seating area for bowlers and Laneside Grille customers.

The grand reopening is scheduled for July 1.

Portsmouth Tourney

Tickets are currently on sale for the 52nd annual Portsmouth Invitational Tournament, which features 64 of the nation's top senior college basketball players being evaluated by NBA and European scouts. The 11-game tournament will take place April 7-10 at Churchland High School in Portsmouth.

Tickets for the event cost \$8 for a night and \$25 for the entire tournament, and can be purchased at all Ticketmaster locations and at the Willett Hall box office.

For more information, contact Mahlon Parker at 393-5327, Ext. 5160, or visit www.portsmouthinvitational.com.



Harlem Ambassadors
vs.
Fort Monroe All-Stars

March 20, 4 p.m.
Community Activities Center

Run for Freedom

From April 3-8, more than 600 Old Dominion University Army and Navy ROTC members, students, faculty and staff will run the American flag one mile around the campus 24 hours a day to honor every service member lost since the start of the War on Terror.

The six-day event is a fundraiser to benefit the families of the fallen service members, and money raised will be donated to the Special Operations Warrior Foundation, Freedom Alliance and Tragedy Assistance Program for Survivors.

Individuals and organizations interested in donating or sponsoring the Run for Freedom fund can do so online at www.odu.edu/run-freedom or by visiting any Bank of the Commonwealth branch office. For more information, call 581-1501.

Tee Time

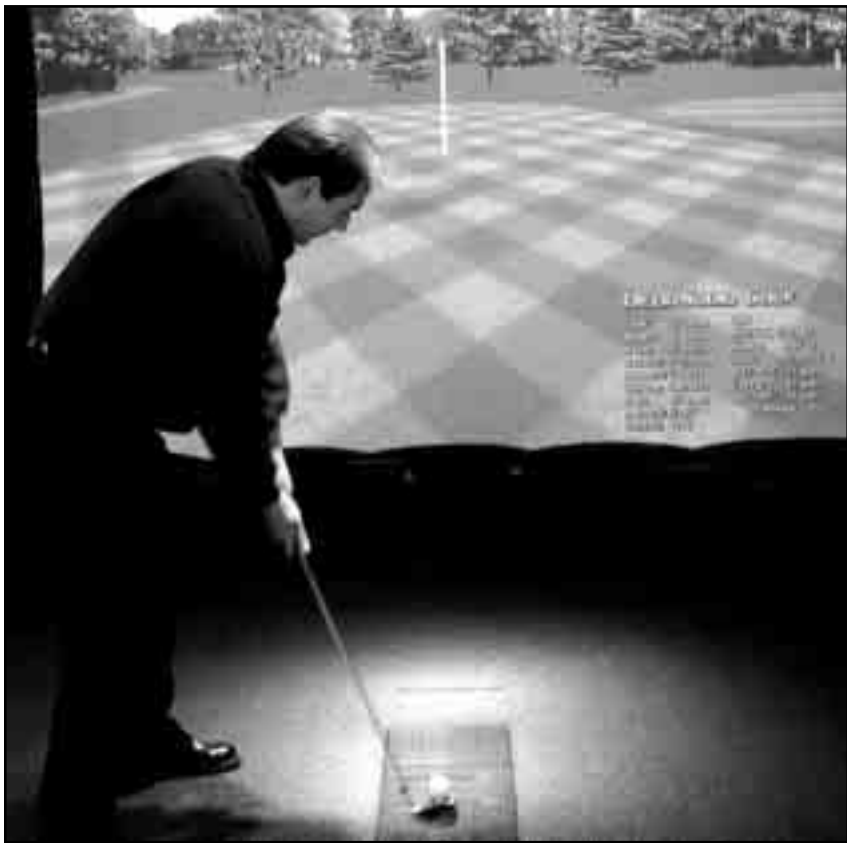


Photo by Patrick Buffett

Don Houchins, manager of the Bay Breeze Community Center, demonstrates the features of the "DeadSolid Golf" simulator recently installed at the Fort Monroe Fitness Center. For beginners, the simulator can analyze everything from the golf swing to the track of the ball in flight. For regulars, the system offers several different competition modes — skins, match and stroke play — and 27 different courses. The simulator will be available to authorized Fitness Center customers beginning March 22. Reservations are required. A flat rate of \$15 per hour will be charged. For more information, call 788-3090.

New donation method yields high results

BY PATRICIA RADCLIFFE
CASEMATE STAFF WRITER

Double red-blood cell donation was introduced to the Fort Monroe community during the March 10 blood drive at the Bay Breeze Community Center. This is relatively new at mobile blood drives because until now, portable processing machines were unavailable.

Double red-cell donation infuses the Mid-Atlantic 50-hospital system — covering half of Virginia and North Carolina — with blood platelets at a much faster rate than whole blood collections.

This method allows a donor to potentially contribute twice as many red cells in a single donation as one would when giving whole blood.

"Like separating oil and water," is the way Carole White-Williams, team super-

Six reach donation milestones

The American Red Cross collected 53 productive units of blood during the March 10 drive. Although eight potential donors were deferred, they met their goal of 50 usable units.

Seven of the 53 units collected were from double red-cell donors. Fort Monroe was the first satellite blood drive to use this process.

Milestones reached are listed below:

One gallon — Dennis J. Kennedy and Daniel A. Gilbert;
Two gallons — David A. Morton; **Three gallons** — Judy Theodosakis; **Five gallons** — Thomas Dehaven; **Eight gallons** — Robert Ballou Jr.

visor, Special Projects with the American Red Cross described the double red cell donation process during the blood drive.

She went on to say that oil and water mix when shaken but eventually separate after left standing. Of course, ARC does not just let blood stand around, it is separated using a portable Haemonetics

MCS+ machine — a small, white machine with a centrifuge in the middle and several plastic tubes and bags attached on its sides.

After completing necessary paperwork and iron testing, the donor is seated with a blood pressure cuff around an upper arm and a needle is inserted into a vein. A tube connected to the needle allows

blood to flow into the MCS+ machine where it is collected in the centrifuge. As the centrifuge spins, red-blood cells are forced to its walls. Plasma — clear, yellowish fluid portion of blood — and red blood cells are collected in separate bags outside of the machine.

The blood-pressure cuff relaxes and the donor's plasma is reintroduced into the body with saline added. The saline increases the donor's blood volume to the same level as before the donation. Because of volume replacement, the donor who gives double red cells leaves the donation site more hydrated than whole blood donors. Giving double red blood cells takes only about 15 minutes longer than giving a whole-blood donation.

"We target donors with O negative and B blood types because those are the two that we have the hardest time keeping on the shelf. B is rare and O is the 'trauma' or universal donor. Anytime someone is in a trauma situation, they can automatically be given O blood," White-Williams said.

Not everyone is a candidate for double red cell donation. Donors must have an iron level of 40. Men must be at least five feet tall and weigh 150 pounds and women must be at least five-feet-five inches tall and weigh 175 pounds. "The amount of blood in the body is based on muscle mass, and women have less (muscle mass) than men," White-Williams said explaining the difference in height/weight requirements.

Parents need to know methods, signs of inhalant abuse

If you think “huffing” is just something the Three Little Pigs had to watch out for, the wolf may come knocking at your door. Huffing, bagging and sniffing are terms for inhalant use, a cheap, legal and accessible way that young people in our community are getting high. On March 21, the Fort Monroe Army Substance Abuse Program and the National Inhalant Prevention Coalition will kick off a weeklong campaign to raise awareness of the dangers and popularity of this deadly practice.

Inhalants are an equal opportunity form of substance abuse. They are used by young people of all economic levels and ethnic backgrounds. Almost one in every six eighth graders has intentionally inhaled household chemicals to get high at the risk of brain damage and even death.

Inhalant use, most common in the 10-12 age bracket ...

Inhalant use, most common in the 10-12 age bracket, is also considered a “gateway drug,” a student’s first form of substance abuse before

“graduating” to other drugs. Before eighth grade, inhalants are more popular than marijuana among students. After eighth grade, inhalants become the fourth most abused substance after alcohol, tobacco, and marijuana.

Most parents know how to talk to their kids about tobacco, marijuana and drinking because they have enough knowledge about these things, but inhalants are an informational blind spot for them.

Inhalants are as close as your kitchen sink or your child’s classroom.

Inhalants are as close as your kitchen sink or your child’s classroom. There are over a 1,000 abusable products, including: butane, propane, gasoline, Freon, degreasers, typewriter correction fluid, nitrous oxide, whipped cream, shoe polish, spray paint, toluene, paint thinner, chloroform, computer cleaning fluid, air freshener, cooking spray, “poppers,” “rush” and “locker room.” Young people in the 12-17 age group most commonly use glue and toluene, followed

by gasoline or lighter fluid. Young adults between 18-25 most commonly use nitrous oxide or “whippets.”

Using inhalants is like playing Russian roulette; users can die the 1st, 10th or even 100th time they use. Sudden Sniffing Death can result from heart or lung failure, asphyxiation, and paralysis of breathing mechanisms or accidents from being intoxicated. Long term effects of inhalant use include: brain, respiratory, liver, kidney and bone marrow damage; short-term memory loss; and hearing impairment.

The key to preventing inhalant use is education. Parents should be aware of the signs of use: paint or stains on the body or clothing, loss of appetite or nausea, a chemical breath odor, spots or sores around the mouth and nose, red or runny eyes or nose, anxiety or a drunk and dazed appearance.

Parents must teach their children about the dangers of inhalants before it is too late.

For more information on inhalants call the Army Substance Abuse Program facilitator at 788-3510.

(Information courtesy of Bruce McFadden, post Army Community Service.)

Blue Cross/Blue Shield service day

Blue Cross/Blue Shield will hold a service day for any questions or concerns. Discuss benefits or claims issues, pick up literature or gain general information

April 8, from 11:30 a.m. to 1 p.m. in Building 82, room 440 (fourth floor conference room).

A representative from Mailhandlers will be here to

answer questions April 5, from 8:30 to 10:30 a.m.

Call Pam Wells, human resources assistant, at 788-2457 to set up a time to meet with a representative.

Visit the Casemate online at www.monroe.army.mil/casemate. You can contact the Casemate at 788-3531/3520 or casemate@monroe.army.mil

6X7 KIA

Moat notes

Historical society meeting

The Historical and Archaeological Society of Fort Monroe will meet April 7 at 11:30 a.m. at the Langley Officers' club. Pamela Schenian, environmental scientist, will be the guest speaker. She will present an illustrated program on the recently demolished "Queen Anne" quarters at Fort Monroe.

This meeting is open to the public. For more information, contact David J. Johnson at 788-3935.

Used cell phones needed

A used cell phone drive will be conducted on post next month by Cadets, Whitney Hendricks and Gabby Morrison of Girl Scout Troop 1419. The phones will be donated to a battered women's shelter in Hampton at a "Celebrity Luncheon," April 27. The luncheon is held annually during Child Abuse Prevention Month to raise funds to support and to focus the community's attention on the problems of child abuse and neglect in Hampton.

Used cell phones can be dropped off throughout April at Army Community Service in the Soldier and Family Support Center, Quarters 1, 151 Bernard Road. The Scouts will also be collecting phones April 6 at the Community Activities Center, Building 221.

For more information, call Eva Granville at 788-3535.

Celebrity Luncheon

The annual Hampton Child Protection Team's Blue Ribbon Campaign "Celebrity Luncheon" is scheduled for April 27 from 11 a.m. to 1:30 p.m. at the Omni Newport News Hotel. The purpose of the luncheon is to raise funds to support and to focus the community's atten-

Casemate Community Connection news

Gift shop day — March 24

The CCC will be hosting another gift shop day at the Fitness Center March 24 from 11 a.m. to 6:30 p.m. Available will be one-of-a-kind Fort Monroe pottery, tea towels, pot holders, Cat's Meows collectibles and afghans.

For more information or to purchase any of these products, contact Sonya Zoller at 722-3257.

Craft day — March 30

The CCC is holding its monthly Craft Day March 30 from 9 a.m. to 1 p.m. at the Fitness Center classroom. Bring whatever craft you are working on and a snack to share. Child care is available at your own cost by calling the Child Care Center at 788-5960.

All working space is reserved for CCC members, and you can join by contacting Shae Inglin at 736-0407 or look online at www.monroeccc.com.

April luncheon to feature celebration of Army wives

The Casemate Community Connection will present "A Celebration of the Army Wife; Past & Present" April 8 at the Bay Breeze Community Center. Social hour will begin at 10:30 a.m., and lunch will be served at 11:30.

A buffet salad lunch will include Casear salad with grilled shrimp; spinach salad with hot bacon dressing; cobb salad with turkey, bacon, cheese, black olives and champagne vinaigrette; taco salad with seasoned ground beef, lettuce, tomatoes, onions and shredded cheese; and Greek salad with feta cheese, onions, black olives, pepperoni, tomatoes and herb vinaigrette. Strawberry shortcake will be served for dessert, and coffee, iced tea, punch and rolls are included for \$10.

For reservations, contact Barb Patterson at 223-7499 by April 4.

tion on the problems of child abuse and neglect in Hampton.

The luncheon will be hosted by Dick Lamb and the Breakfast Bunch from FM 2WD (101.3).

If you would like to contribute, you may donate goods or services to the silent auction, become a celebrity waiter or make a cash donation.

For more information, call Eva Granville at 788-3535/3878 or mail to HCPT, 247 Shoe Lane, Newport News 23606.

Tickets can be purchased at a rate of \$15.50 per seat or \$155 to sponsor a table. Call Granville or Lucille Newby at 825-4881 for details.

Hampton ROCKS meeting

The Hampton Roads Chapter of ROCKS, Inc. is holding its general membership meeting April 4 at 6:30

p.m. at Armstrong-Slater Hall in the Army ROTC Department of Hampton University. Active, reserve and retired commissioned and warrant officers are welcome. Junior officers and senior ROTC program cadets are encouraged to attend.

The guest speaker will be Col. Leon Price, Director of the Airborne Special Operations Test Directorate in Fort Bragg, N.C.

For more information, contact Capt. Harriett Lee-Newman at 836-3945.

Pregnancy Center fundraiser

The Peninsula Care and Pregnancy Center is conducting its annual fundraising dinner March 27 starting at 6 p.m. at the Point Plaza Hotel, 950 J. Clyde Morris Blvd., in Newport News.

Jill Stanek, a nationally recognized advocate for the rights of the unborn, will be the keynote speaker. Tickets for the dinner are \$30 per person, and arrangements can be made to accommodate groups at individual tables.

For more information, contact Gail or Lilly at 827-0303.

Household chemical collection March 20

Household chemicals will be collected March 20 from 9 a.m.-1 p.m. at the Hampton Public Works Operations Complex, 419 North Armistead Ave. The next collection will be held May 15. Residents of Hampton, James City, Poquoson, Williamsburg and York can participate.

In addition, residents can recycle their computers free by taking them to The ARC, 51 Battle Road, Hampton. Call The ARC at 896-8463 prior to dropping off computers.

For more information, call the Virginia Peninsulas Public Service

Authority VPPSA at 757-259-9850 or check out Web site vppsa.org.

Choir members needed

The Chancel Choir of the Fort Monroe Chapel of the Centurion is actively seeking new members. Membership is open to any person high school age or older with a love for singing and the desire to express that love through classical and contemporary music.

The Chancel Choir rehearses in the Chapel of the Centurion on Wednesdays from 7 to 9 p.m.

For more information, contact choir director Laurel Tsirimokos Goncalves at 223-0887.

(See MORE MOAT NOTES, Page 15)

Holy Week schedule

April 8 Maundy Thursday Services:

- Protestant: 7:30 p.m. - Living Last Supper - Chapel of the Centurion
- Roman Catholic: 7:30 p.m. - Mass of the Lord's Supper - St. Mary Star of the Sea

April 9 Good Friday Services:

- Protestant: noon - Chapel of the Centurion
- Episcopal: 6:30 p.m. - Chapel of the Centurion
- Roman Catholic: 7:30 p.m. - Solemn Reading of the Passion/Veneration of the Cross and Communion Service - St. Mary Star of the Sea

April 10 Holy Saturday:

- Roman Catholic: 7:30 p.m. - Solemn Easter Vigil - St. Mary Star of the Sea

April 11 Easter Sunrise Service:

- Moat Parade Field (inclement weather, post theater): 6:30 a.m.; Guest Speaker: Chaplain (Col.) Steven E. Moon, NERO

April 11 Easter Sunday Services:

- Episcopal: 7:45 a.m. - Chapel of the Centurion
- Protestant: 9:30 and 11 a.m. - Chapel of the Centurion
- Sunday School: 9:30 a.m. - Hallelujah Celebration - Chapel Center
- Roman Catholic: 8:30 and 10:30 a.m. - St. Mary Star of the Sea

For further information, contact the Chapel Center at 788-2611.

At the Movies

Showing at the Langley Air Force Base Theater

Friday, March 19
7 p.m. — Barbershop 2 (PG-13)

Saturday, March 20
2 p.m. — Win A Date With Tad Hamilton (PG-13)
7 p.m. — You Got Served (PG-13)

Friday, March 26
7 p.m. — Miracle (PG)

Saturday, March 27
2 p.m. — Against The Ropes (PG-13)
7 p.m. — Catch That Kid (PG-13)

All movies at 7 p.m. unless otherwise noted

Adults — \$2; Children 6-12 years old — \$1.50; and Children under 6 — free.
(If a child under 6 occupies a seat at a G-rated movie, admission is \$1.50.)
Special movie showings are available.
Contact John Low at 766-1237 or LowJ@aafes.com for details.

Thrift Shop offers scholarships to family members

Applications must be postmarked by April 19

The Fort Monroe Thrift Shop is now accepting applications for its 2004 scholarships for family members. Scholarship applications can be picked up at the Thrift Shop (Bldg. T260) on Tuesdays or Fridays from 10 a.m. to 2 p.m. Applications have also been sent to each of the eligible area high schools.

There are applications for children entering college as freshmen in 2004, and for spouses of military members beginning or returning to school. Any student who has graduated in the last two years and not yet attended further education courses will also be eligible for the freshman scholarship. The awards will be made on the basis of achievement, merit and need. Amounts of individual scholarships may vary.

Other qualifications include being family members of retired or active duty military, Reserves, or National Guard working at Fort Monroe or unaccompanied short tours from Fort Monroe. The authorized scholarship area includes all zip codes of Fort Monroe, Newport News, Hampton, York County and Poquoson.

Applicants for the spouse category must meet the same qualifications for student status and loca-



Photo by Debbie Myers

Former scholarship recipients — (l-r) Richard Batten (First Command representative), Ann Premo (Thrift Shop advisor), Derek Favor (First Command scholarship recipient), Natalie Knapp (student scholarship recipient), Victoria Bloxom (spouse scholarship recipient), Kim Nassers (spouse scholarship recipient), Rachel Ledebuhr (student scholarship recipient), Tanya Shuster (student scholarship recipient) and Nicolena Seger (former CCC President).

tion.

Volunteering at the Fort Monroe Thrift Shop for a minimum of 50 hours during 2003-2004 qualifies volunteers for a special scholarship at any level, from freshman to advanced degrees.

Applications must be postmarked by April 19. Any received after that date will not be considered. For more information, please call Debbie Myers at 766-8513 or the Thrift Shop during open hours at 788-

2566. For information about the Casemate Community Connection scholarships, call 788-3619.

Much appreciation goes to the Thrift Shop and its volunteers. Last year \$8,000 was distributed in Thrift Shop Scholarships through the combined donations of the Thrift Shop, Casemate Community Connection, and First Command. This year the Thrift Shop and the Casemate Community Connection are each offering their own scholar-

ship awards.

The amount of the Thrift Shop scholarship fund is tied directly to the amount of sales at the Thrift Shop; the greater the sales, the greater the fund. Dibba Hamilton, Thrift Shop manager, and the volunteers are there to assist customers with purchases and consignments.

(Information courtesy of Debbie Myers, Thrift Shop Chair, and Diane McCallum)

MORE MOAT NOTES

(Continued from page 14)

Army Bands in concert

The Wind & Sea Recreation Center at the Naval Station in Norfolk is scheduled to host a pair of upcoming concerts featuring U.S. Army bands.

On April 1, The Governor's Band — the 199th Army Band from Courtland Manor, N.Y. — will perform from 7:30 to 9 p.m., while The Army Ground Forces Band — the 214th Army Band from Fort McPherson in Atlanta — will perform April 2 from 7 to 9 p.m. Admission to both concerts is free.

Easter Bunny visiting

The Easter Bunny is scheduled to appear at the Easter EGGstravaganza at the Virginia Beach oceanfront on April 10 and 11. The free event will take place at the Beachstreet Starfish Pavilion from noon to 4 p.m. on both days.

Included in the fun will be face painting, a moonwalk, balloon animals, doughnut decorating, games, costumed characters and puppet shows. Every child who visits the Easter Bunny will receive a plastic egg with a valuable prize slip inside. Prizes include free games of miniature golf and bowling, toys, ice cream

and meal coupons, t-shirts and more.

Spectrum Puppets will present the show "Animal Crackers" from 1 to 2:30 p.m. on both days.

Youth volunteering

The Friends Helping Friends Therapeutic Recreation Buddy Program is a volunteer opportunity for youths to assist program staff and act as a friend in delivery of services and activities to the children with disabilities enrolled in the program's summer camps. Qualifications to volunteer include:

- Good written and oral communication skills (especially helpful).

- Must be at least 12 years old.

- Have a pleasant attitude, be punctual and reliable and able to provide own transportation.

- Must submit two letters of recommendation to be considered.

- Must be able to commit to a minimum of eight hours per week for at least two weeks.

The last day to apply for the program is April 30. For more information, call 727-1607 or 727-1977.

ACS CORNER

Military Family Survey

The National Military Family Association (NMFA) is conducting an online Family Support Survey for all military families. This survey is part of an analysis project to gather information about the types of challenges faced and resources utilized by military families from Sept. 11, 2001 through Dec. 31, 2003. Log on to www.nmfa.org before March 31 and let your voice be heard.

Hampton Roads Teen Job Fair — April 13

Looking for a summer job? Want to meet employers who are hiring? A Teen Job Fair will be held on April 13 from 3 to 6 p.m. at the Virginia Beach Pavilion, 1000 19th Street, Virginia Beach. Over 40 employers will be there with a wide variety of jobs available. There is no cost to attend or participate. Workshops include:

- How to Find a Job Online
- Interviews that Get You Hired
- Resume Tips that Get the Interview

For more information, call Theresa Oliver Weaver at 757-664-2522.

Boots 'n Booties program

The Soldier and Family Support Center will host Boots 'n Booties April 13 from 1 to 4:15 p.m. This program is designed to assist expectant parents in preparing for a baby's arrival. New parents will also find the program helpful. Subjects to be addressed include infant

growth and development, budgeting for a baby, car seat installation, childcare options, parenting skills and available resources. Each participant will receive a free layette. This program is open to active-duty service members, family members, DA civilians and retirees. To register or obtain additional information, contact Anne Shanks, at 788-3511/3878 or shanksap@monroe.army.mil.

The Soldier and Family Support Center is located in Quarters 1, 151 Bernard Road.

Got issues?

Fort Monroe's Army Family Action Plan Forum is the place to address quality-of-life issues. Anybody submitting an issue should provide its title, scope (defines the problem) and recommendations for resolving it. This forum will provide feedback to Army leadership on how programs and services can be improved to meet the needs of military personnel, their families and DA civilians.

To submit issues, register as a participant or get more information, contact Beverly Nicholson at 733-4132.

Fort Monroe Mayoral Program

Fort Monroe is revitalizing the Mayoral Program. This program is designed to enhance the quality of life for and provide information and referral to its residents.

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There are four housing areas on post. Each one will have an elected area mayor, who will identify the needs of area residents, attend meetings, conferences and forums. Mayors serve as the principal community liaison to develop and implement recreational/social activities, community assistance projects and activities designed to build community spirit.

If you are interested in becoming a mayor and

have at least one year's residence at Fort Monroe, call Bill Smith, mayoral program coordinator, at 788-3787 to discuss the specific responsibilities and qualifications required and the many benefits that will be available to mayor volunteers.

Shoreline Shakeup

Hampton's campaign for cleaner waterways, the

Shoreline Shakeup, will be held the first Saturday of each month, April through October, from 9 to 11 a.m., rain or shine (except July, which will be the second Saturday due to Independence Day). Locations change every month.

Hampton Public Works Educational Programs is recruiting boaters, paddling enthusiasts, community volunteers and site captains.

For more information or to register call 727-6325 or e-mail ccopper@hampton.gov; or contact Fort Monroe's installation volunteer coordinator, Marie Hinton, at 788-4344.

Raising Kids in an Unsafe World Workshop

The Fort Monroe Family Advocacy Program will host the parent workshop "Raising Kids in an Unsafe World" April 21 from 4 to 5 p.m. at the ACS, Quarters 1, 151 Bernard Street. Parents and children are welcome to attend.

The workshop will feature The Yello Dyno Method™ of child safety education developed by Jan Wagner. This award-winning, personal safety education system employs music and lyrics to teach children between the ages of 4 and 12 to protect themselves from child abuse, abduction, internet predators and other forms of social violence. The workshop will educate parents about threats to their child's safety and show them tools for teaching their children about personal safety. Additional information on Yello Dyno® is available at www.yellodyno.com.

To register or obtain additional information, contact Anne Shanks.

Escape School

The Soldier and Family Support Center invites you to attend the nationally acclaimed "Escape School® Child Abduction Prevention" program April 29 from 4 to 5 p.m. at the Fitness Center.

This presentation provides potentially life-saving information for both children and adults in an entertaining, nonthreatening manner. The free program warns parents and children of common kidnapper tricks, such as using pets as lures or asking children for directions. It teaches escape tactics that children can use if trapped in a vehicle's interior or trunk, and ways children can attract attention if they are imprisoned in an apartment or house.

Escape School has been used to educate millions of adults and children all over the country about how children can be safe from stranger abduction.

Escape School programs are sponsored by Kellum and Smith & Williams Funeral Homes of the Dignity Memorial® network. Additional information is available at www.escapeschool.com.

To register or obtain additional information, contact Anne Shanks.

DUI task force

The Hampton Police Division is committed to the goal of removing drunk drivers from the highway. As a complement to legislative changes aimed at reducing alcohol-related incidents, the division has implemented a DUI task force.

The unit is comprised of an elite group of officers dedicated to alcohol/drug-related traffic enforcement as a high-priority item, not to be equated with other traffic offenses. These officers will apprehend arrest and process drunk drivers who come to their attention through routine observation, investigation or enforcement activities.

As of Jan. 26, 2004, Hampton officers have arrested 154 motorists for offenses related to driving under the influence of alcohol; this is an increase of 201.96 percent.

(From a Hampton Police Division news release)

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